



## **OSTCAN - Continuing Education Requirements**

OSTCAN (Osteopathy Canada) requires members to undertake continuing education to maintain professional membership in good standing.

OSTCAN members are required to complete and document continuing education. All continuing education units (CEU) submitted for renewal must be accompanied by proof of hours/attendance in the form of a transcript or receipt and submitted at the end of the year for renewal completion.

Developing and honing one's education is essential to maintaining a level of professionalism by demonstrating continuous growth to be in better service to others while providing safe, effective, and efficient care to those in need.

### **CEU Submission Schedule**

OSTCAN reviews CEU requirements every 3 years. The next collection is January 2027.

Starting in 2026, Members are required to collect about **8** CEUs per year. At the end of each 3 year cycle, **24** credits will be required. New graduates will not be required to submit CEUs for the calendar year in which they graduate and will only submit for the remaining applicable years in the cycle.

### **Outline of Review Cycle**

2024, 2025 and 2026 will be submitted and reviewed January 2027

2027, 2028 and 2029 will be submitted and reviewed January 2030

2030, 2031 and 2032 will be submitted and reviewed January 2033

## **Scope of Practice**

**Recognize and work within the limits of your training, competence and the scope of practice of osteopathic manual therapy.**

**The Scope of Practice for Osteopathic Manual Therapy is as follows:**

1. The practice of Osteopathy is a manual therapeutic science based upon verifiable knowledge of the structure and function of the human mechanism.
2. The goal of osteopathic treatment is to readjust the body by removing structural obstruction, restoring motion capacity and allowing neurovascular and lymphatic supply to function freely.
3. The practice of Osteopathy stands apart from the science of medicine which treats the symptoms of medical pathology. Diagnosis based on symptoms remains within the domain of medicine and not Osteopathic Manual Practice.
4. Osteopathic treatment follows an objective structural diagnosis by the practitioner.
5. Osteopathy applies this knowledge in practice through manual manipulation without the use of artificial stimulation or other adjunctive modalities.

## **Continuing Osteopathic Education Categories**

### **1. Osteopathic Graduate Training: (1 CEU per hour of attendance)**

- These courses must;
  - fully meet the OSTCAN scope of practice
  - must be in keeping with Canadian laws and controlled acts
  - these must be taught in person
  - they must include hands-on practice components
  - be taught by;
    - an osteopathic manual practitioner (MOMSC) or osteopathic physician (D.O.),
    - who is licensed to practice in the country in which they reside,
    - who is insured to practice in the country in which they reside
    - who holds professional membership in a national osteopathic association in the country in which they reside.
    - must have no history of professional misconduct
- Osteopathic training for the care and treatment of animals is

also included in this category. Training may be partly provided online for science and theory, and must be provided by an osteopathic manual practitioner (MOMSC) or an osteopathic physician (DO) who is fully trained in this approach and insured appropriately.

## **2. Developing/Teaching Osteopathic Graduate Training (1 CEUs per hour of the lecture)**

- These courses must;
  - fully meet the OSTCAN scope of practice
  - must be in keeping with Canadian laws and controlled acts
  - these must be taught in person
  - they must include hands-on practice components
  - be taught by;
    - an osteopathic manual practitioner (MOMSC) or osteopathic physician (D.O.),
    - who is licensed to practice in the country in which they reside,
    - who is insured to practice in the country in which they reside
    - who holds professional membership in a national osteopathic association in the country in which they reside.
    - must have no history of professional misconduct
  - Osteopathic training for the care and treatment of animals is also included in this category. Training may be partly provided online for science and theory, and must be provided by an osteopathic manual practitioner (MOMSC) or an osteopathic physician (DO) who is fully trained in this approach and insured appropriately.
  - course fee must not exceed \$150 fee per day to attendees, if to be promoted to OSTCAN members.

## **3. Teaching /Assisting at an Osteopathy School (1 CEU per hour of teaching/assisting)**

- Instructing or supervising/assisting in the education of osteopathic Manual Practice or Osteopathic Theory or Osteopathic Health Sciences at an OSTCAN certified osteopathic educational institution.

## **4. Lab days at an OSTCAN certified Osteopathy School (1 CEU per hour of attendance)**

- Observing and/or participating in lab classes in osteopathic Manual Practice at a OSTCAN certified osteopathic educational institution.

## **5. Attendance at the annual CAO Symposium (1 CEU per hour of attendance)**